Who's Got the Count. Gotta Have that Count



Some of the most difficult rules and mechanics for newer officials to

master are the three counts involved in advancing the ball: the four second goalie count (Rule 4-19 and 20 Art. 5, the 20-second clearing count (Rules 4-14) and the 10 second count (Rule 4-15). While the basic requirements and mechanics for each are fairly straightforward, the challenge emerges when an official is tasked in game situations with BOTH recognizing and communicating when each count begins and ends. You got to have the count!

Understanding Possession



All counts begin with a player being in possession of the ball. Player possession (Rule 4-5 Art 2.) is defined as the ability of a player to cradle, carry, pass or shoot the ball. Before initiating ANY count, be POSITIVE that the player is actually in possession. Often the level of play will influence what you determine to be possession. At the youth level, players should actively demonstrate one of the four actions. At higher levels of play, a bit more leeway can be given.

The Lead and Clearing Counts

Once a player gains possession in their defensive end, the Lead becomes the new Trail and is responsible for BOTH the 20-second clearing and the four-second goalie counts.

20 Second Count



It is ESSENTIAL that you have a working timer if you are doing games U-15 and above. Be sure to check to see if your timer works before you go out on the field and carry a small screwdriver and extra

batteries with you in your bag. If you do not have a working timer, let you partner know so that you can come up with a way to address the situation. Often times, veteran officials will have an extra timer.

As soon as possession is gained, the new Trail pumps his hand and switches on his timer. This is NOT a verbal count and it is NOT a visual count. As Rule 4-14 states, the timer continues to run until:

- 1. the opposing teams gains possession
- 2. a player in possession steps ON OR OVER the midfield line
- 3. a loose ball breaks the plane of the midfield line
- 4. the official sounds his whistle for any reason

The clearing team can carry, pass or kick the ball ON or OVER the midfield line. The ball can be in player possession or loose. If a count has been initiated against a clearing team and they lose the ball the count continues! The only things that will end the count are: the ball crosses the midfield line, a change in possession or a whistle. Turn the timer on and if the buzzer goes off the ball in player possession has not crossed midfield, whistle the play dead and award the ball to the opposing team. If the ball crosses midfield in time, simply switch your timer off.



The Trail will, most likely, be well behind the play and not in position to determine whether or not the midfield line has been crossed. The Lead MUST signal to the Trail by raising his arm. If the play has gone on for a while, the Lead can also verbalize "He's over!" to be sure the Trail ends the count before his timer buzzes.



Failure to Advance

If a team fails to satisfy these requirements within 20 seconds, they have committed a technical foul, failure to advance, and you have two options: whistle the play dead or treat it as a play on situation.

- If the team clearing the ball is in possession and fails to clear the ball in twenty seconds, whistle the play dead, signal failure to advance and award the ball to the opposing team. Quick restart.
- If the ball is loose, you can treat it as a play on. If the opposing team is about to gain possession of the ball, you can raise your hand to signal and verbalize "Play On."
- If the opposing team gains possession, the Play On is over, if not whistle the play dead, award the ball to the opposing team and initiate a quick restart.

Goalie Count



If the goalie gains possession IN THE CREASE, he is allowed four seconds before the ball must leave the crease. The goalie is considered in the crease as long as ANY part of his body is touching the crease (Rule 4-20 Art. 5). The goalie will gain possession in one of three ways: saving a shot, intercepting or receiving a pass or picking up a loose ball. The four-second count always happens in conjunction with a 20-second count.

- If the goalie is the first defensive player to gain possession, the four second count begins simultaneously with the 20-second count.
- If the defense has already gained possession and a 20 second count has been started, the four second count is concurrent.



The four second count is a VISUAL count the new Trail official begins once the goalie gains possession of the ball in the crease. Do NOT count out loud. Each swing of the arm should equal one second. Practice your mechanic by saying to yourself "One Mississippi with each swing. Many newer officials get excited and count much too quickly. The goalie gets four seconds, so be sure to give him four seconds.



If the goalie in possession has not left the crease (i.e. no part of his body in contact with the crease) or the ball has not left the goalie's possession and is outside the crease when you END your count that is you have completed the fourth swing of the arm, blow the whistle and signal a crease violation. Award the ball to the opposing team in the alley. If there is no violation, simply stop counting and drop your arm to your side.

Pump, Flip and Chop

If the Goalie is the first defensive player to gain possession in his defensive end you must initiate a 20-second count AND a four-second count AT THE SAME TIME. The mechanic in this situation is for the new Trail to pump his arm (this is the Timer On! mechanic used on the wing during face offs). As his hand reaches his belt, he should flip his timer and then begin chop out the four-second count BUT start this count at two (2). The rationale for this is that the pump and flip mechanic has accounted for the second the goalie is allowed in the crease.

Resetting 20 Second and Goalie Counts

A whistle by the official will stop play and will either end or reset the 20-second count. This can be for the ball going out of bounds, whistle ending a Play On for a loose ball technical, to administer a time serving foul, a time out or an inadvertent whistle.

- If the riding team caused the ball to go out of bounds, award the ball to the clearing team, and when play restarts, initiate a new 20-second count.
- If there is a stoppage of play to administer a loose ball play on, play begins at the spot of the foul (or laterally in the alley if in the attack box) and when play resumes a new 20-second count is initiated.
- A time serving foul will result in a free clear, so there is no need for a 20-second count.
- If the ball is awarded to the Riding team in their offensive end, they will begin play with ten seconds to gain the attack area (see below).

"Get it in!"

Once the clearing team has initially gained possession of the ball on their offensive side of the midfield line they have 10 seconds to gain the attack area (Rule 4-15). A player in possession must make contact with the line or the ground inside the attack area to satisfy this requirement or a loose ball makes contact with the line, area or any grounded player. Most often a player steps on the line, usually the corner of the box. This is what coaches and players mean when they yell "get it in!"

The two most common situations when a team is required to get the ball into the attack area within ten seconds are: after they have crossed the midfield line on a clear and when a change of possession occurs in their opponents defense end. The mechanics is very similar to the four-second count. However, the official most often responsible for the count is the Lead.

10 Second Count



The count is a VISUAL count that begins once a team gains possession on their offensive side of the ball after a clear or following a change of possession. Do NOT count out loud. Each swing of the arm should equal one second. You don't want to look like Bruce Lee out there, so practice your mechanic by saying to yourself "One Mississippi with each smooth and controlled swing of the arm. You can also practice with a stop watch or a metronome to be sure you are doing it correctly!

"He's In!"



Once the requirements of gaining the attack area are met, the official should signal by raising his arm and then pointing to the box. This is especially important if you are not conducting the count. Often times the Lead may not have a good view of the play if it occurs on the far side of the field. As the Lead, positioned on Goal Line extended (GLE), he may be screened by players, the goal, the field may be crowned, or the lines may be difficult to make out. As the Trail comes up the field on a clear, he needs to determine if a count is in progress and assist his partner. As the Trail will most likely be out of the Leads field a vision, it is good practice to also verbalize to your partner that a player in possession or a loose ball have touched inside the attack area by yelling "He's in!" to be sure your partner ends the count.

Once the offense touches the ball into the box, may then use their entire half of the field without a new 10 count, unless they are stalling or intentionally cause the ball to cross midfield. (Rule 4-15 Art. 1)

Counts and the Face Off

The faceoff is one of the unique plays that occurs in lacrosse. However, once the face off ends, and all face offs end with a player gaining possession of the ball, you are left with regular lacrosse play. Therefore, if a player gains possession in his defensive area, the **Trail** initiates a 20-second count. If a player gains possession in his offensive side of the field, the **Lead** initiates a 10-second count.

In some cases, the Lead may not be able to initiate a count, this most often occurs when the Lead is the Face Off official and is caught up in the play, or is attempting to get to Goal Line Extended and cover his goal. In this case, the Trail should assume the responsibility of conducting the 10 second count.

Who's Counting !?!

Often a player will secure the ball and either be forced to toss the ball back to his goalie or teammate in his defensive end or after securing the ball in his offensive end, lose the ball. In both cases those counts will continue to run. Do not assume that a player will satisfy the requirements and that you need not initiate a count! Coaches and players are very aware of how long it has been on a clear and will tell their players to "keep him out!" If the play goes on for too long, they will start asking "who is counting!?!" Someone on your crew had better have a timer on OR be in the process of giving the ten count. Be sure to follow the mechanic every time; if you don't, you are disadvantaging a team by taking away a possession!

Beginning Play after a Foul or Time Out

If you begin play after a foul, whether loose ball or time-serving in a team's defensive area, a 20-second count begins. If you begin a play after a foul or a Time Out in a team's offensive area and they HAVE NOT ALREADY SATISFIED the acquirement of gaining the attack area or results in a change of possession, the Lead or Trail should begin a new ten-second count begins. It is essential that both officials communicate this to each other before resuming play. If the play will begin with the ball in the Ally with the Lead, he should begin the count; otherwise the Trail should initiate the count.

Counts and Change of Possession

This is one of the most difficult plays to officiate is the change of possession while a count is in progress. In a two man game, the Lead is responsible for the 20-second count and the Lead is most often responsible for the tensecond count.

- If there is a change of possession during a clear and the ball is outside the box, the official who sees the change should initiate a new ten-second count.
- If there is a change of possession during a ten-second count, the official who sees the change should signal to his partner.

"Reset!"

However, on sudden changes in possession, particular when the ball is loose and there is scrum, the official administrating a count OR the official who must now initiate a new count cannot see the change in possession. The college mechanics is for officials to raise their arm and twirl their fingers while yelling "Reset!" This lets all officials know a change of possession has occurred old count ends, new count begins. I stress that this is an NCAA mechanic, but if you are working with a veteran official you may come across this mechanic.

Mastering Counts

Mastering the rules and mechanics of counts takes time in the rules book, practice and game experience. Study, practice, watch games and game film. Work through situations in your head and talk them out with fellow officials. The time and hard work that you put into truly understanding and properly administering this aspect of the game will elevate you to the next level of your officiating career!